



Respect **E**quality **A**ccountability **C**ommunication **H**onesty

REACH is an outreach component of the Dating Abuse and Prevention Programs of JBWS

We are dedicated to helping teens stay connected and involved in service learning activities and social change in the area of dating abuse prevention. Here are some ideas to help you get started. Involve your classmates, school clubs, and youth organizations. You can find more ideas at www.jbws.org. Use your imagination and don't forget to share your ideas and photos with others on our Facebook page <https://www.facebook.com/pages/JBWS/155017174551391?ref=ts>.

AWARENESS ACTIVITY IDEAS

- ⇒ Encourage your Town Council to issue a Proclamation for February's Teen Dating Violence Awareness and Prevention Month. For more information about how to do it, go to www.jbws.org.
- ⇒ Design and distribute fliers about domestic violence, dating abuse, and resource organizations and arrange to have them displayed in your community's doctors' offices and your school nurse's or guidance counselor's office.
- ⇒ Show 1 in 3 – put a purple ribbon (or another symbol) on one out of three lockers, desks, doors, etc. or have one in three students wear a specific t-shirt or ribbon to show how many girls are abused by their partners.
- ⇒ Ask your school principal for permission to make morning announcements each day for a week (facts, warning signs, and resources for help).
- ⇒ Post this (or similar) Facebook status update throughout the month of February to raise awareness around teen dating violence: *Only half of the teens know the warning signs of Teen Dating Violence. Be the half that knows. Learn the warning signs. http://www.jbws.org/info_for_teens.html Re-post this status if you want ALL teens to know the warning signs!*
- ⇒ Make posters about stopping dating abuse and domestic violence. Use photography, computer graphics and artwork to make the posters unique. Post finished artwork around the school.
- ⇒ Design a "dating bill of rights" and "warning signs" bookmark. Go to our website for ideas. Distribute it during lunch periods, at a school assembly or during homeroom.
- ⇒ Write an article for your local or school paper about dating abuse and domestic violence.
- ⇒ Sponsor a theatrical performance about dating abuse. Contact us for information about educational theater and possible fundraisers.
- ⇒ Create Public Service Announcements for your school (either radio style or TV broadcast) about dating abuse.
- ⇒ Organize an event for parents about teen dating abuse and how to prevent it.
- ⇒ Sponsor a door decorating contest or art contest about healthy relationships/ dating abuse/ domestic violence and have the winning entry made into a poster to distribute in your community.
- ⇒ Create displays in school, churches and community centers about dating abuse, domestic violence and the 24-hour helpline service.
- ⇒ Organize a fundraiser/or donation drive with the proceeds going to a local domestic violence program. For help see our wish list at www.jbws.org.
- ⇒ Write a pledge stating that abuse does not belong in relationships. Set up a table in your school or community to display the pledge for everyone to read and sign.
- ⇒ Use current movies, songs, fiction books, or popular media events to create a discussion on teen dating abuse and the cultural norms that support it. Develop an awareness activity that counters negative stereotypes and misconceptions.

For assistance with these and other activities, please contact **Monique Pearlman** at mpearlman@jbws.org or **973-267-7520 Ext. 136**.
www.jbws.org
